

# Wafa Mohamed (Wafa AziZ)

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## Professional Profile:

Dedicated licensed Psychologist with over 11 years of expertise in mental health counseling, organizational psychology, and humanitarian efforts. Worked for over a decade with the United Nations across various sectors and diverse contexts, gaining invaluable experience in high-stress environments. Over the years, developed a deep passion for organizational psychology, focusing on addressing staff motivation and improving the quality of professional lives.

## Education:

### Organizational Culture:

American University in Cairo, Egypt (2024).

### Master of Science in Counseling and Health

**Psychology:** Ahfad University for Women, Khartoum, Sudan (2010 – 2012).

### Bachelor of Arts in General

**Psychology:** Omdurman Islamic University, Khartoum, Sudan (2005 – 2009)

**High School:** Alwadi Alkabir High School, Muscat, Sultanate of Oman (2004 – 2005).

## Key Accomplishments

- Successfully led psychosocial initiatives impacting over 1,500 staff and their dependents in WFP during the War in Sudan and was responsive to the psychological needs of the staff, including senior management.
- Successfully and collaboratively led the organizational realignment phase in the United Nations in Sudan with senior management.
- Established frameworks for community engagement and protection strategies in UNHCR operations, in addition to refugee Education during the emergency phase.
- Designed and facilitated culturally sensitive training programs for various organizational levels.
- Founded and developed the Detox Program, a comprehensive initiative for mental health and staff wellness.
- Developed and implemented a comprehensive governmental qualification program for medical and health professionals in Sudan through a partnership with the Sudanese National Council for Health Professions.

## Professional Experience:

### Staff Counselor – Regular.

*United Nations World Food Programme (WFP), Khartoum, Sudan*

**July 2022 – Present**

- Provided culturally sensitive counseling services to WFP/UN employees and their dependents in Sudan/across the regions.
- Delivered psychological support during emergencies and critical incidents, ensuring staff well-being.
- Conducted workshops, training, and sessions on stress management, team building, conflict resolution, and career development.
- Established the pre- and post-deployment briefings program.

### Training Development Consultant. Part-time.

*International British Academy - Alexandria, Egypt.*

**June 2023 – till now.**

- Conducted comprehensive training needs analyses, developed tailored development plans, and delivered impactful workshops to diverse participants, ranging from early-career professionals to senior leaders.
- Facilitated workshops focusing on critical areas such as decision-making strategies, career management skills, and aligning individual development plans with corporate goals, benefiting both Sudanese and Egyptian audiences in Cairo.

**Skills:****Core Skills:**

- Career Counseling & Coaching.
- Training & Workshop Facilitation.
- Talent Development & Competency Alignment.
- Stakeholder Engagement & Collaboration.

**Professional Skills:**

- Organizational Psychology.
- Program Development.
- Capacity Building.
- Strategic Planning.
- Conflict Resolution.

**Technical Skills:**

- Training Needs Analysis.
- Policy Alignment.
- Assessment Tools.
- Digital Proficiency.

**Leadership and Interpersonal Skills:**

- Leadership Development.
- Stakeholder Engagement.
- Cross-Cultural Communication.
- Team Leadership.

**On Progress:**

- PhD in Organizational Psychology and Career Counselling.
- Relocation to Saudi Arabia.

**Hobbies:**

- Continuous learning
- Travel and wandering.
- Mixing with diverse cultures.

**Personnel Development and Qualification Coordinator. Part-time.**

*Nasr International Academy for Education – Cairo, Egypt.*

*Sudanese*

*Sudanese National Council for Health Professions -Khartoum, Sudan.*

**September 2023 – till now.**

- Developed and implemented a governmental comprehensive training program for medical and health professionals across various disciplines, ensuring alignment with national policies and international standards while fostering individual growth.
- Enhanced self-awareness, managed career transitions, and restructured training strategies to align with institutional objectives for both national and international medical professionals.
- Equipped medical and health professionals with skills to excel in the international market, preparing and qualifying professionals to elevate their performance on both national and global levels.

**Owner and founder,**

*Mayan CO – Detox IOP for staff wellness and Career Development program. Cairo, Egypt.*

**January 2020 – till now.**

- Established the Detox program for mental detoxification addressing the productivity of the staff, career development, and workplace culture through modern psychological science and staff wellness under a private business company in Sudan since 2020 aiming to promote mental health, motivation, productivity, and staff development at the workplace.

[Detoxiop – Industrial Organizational Psychology](#)

**Protection Officer.**

*UNHCR, Khartoum Sudan.*

**March 2014 – June 2022**

- Led the education of the refugees in South Sudan emergency.
- Acted as liaison with local authorities, partners, and donors.
- Led the Health sector and ensured the services' alignment with international standards.
- Led the capacity-building activities and training programs of the governor partners and ministry line staff.

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